

Spinal Motion Restriction Procedure

General guidelines:

1. The need for spinal motion restriction is determined by the Spinal Motion Restriction Protocol
2. The best use of the LSB may be for extrication, patient movement, or providing a firm surface for compressions during cardiac arrest.
3. At all times, attempt to limit the movement of the spine during the spinal motion restriction process.
4. Patients presenting to KCFD on a long spine boards from another medical provider, i.e. first responder agency, EMS, or hospital, may be subject to the Spinal Motion Restriction Protocol. The patient should be removed from the long spine board prior to transport using the log-roll technique.
5. In general, No patient, except for cardiac arrest, should be transported to the hospital while still secured to a long spine board!

